# **Trauma Mangement (EMSP 1355)**

#### Credit

• 3 semester credit hours (2 hours lecture, 2 hours lab)

# **Prerequisite**

EMT-Basic certification

# **Co-requisite**

- EMSP 1171
- EMSP 1338
- EMSP 1356
- EMSP 2206
- EMSP 2260

# **Course Description**

Knowledge and skills in the assessment and management of patients with traumatic injuries.

# **Required Textbook**

- EMS Program Student Handbook
- Nancy Caroline's Emergency Care in the Streets 8<sup>th</sup>
  - o ISBN 13: 9781284137187

# **Course Objectives**

Upon completion of this course, the student will be able to:

- Integrate assessment findings with principles of epidemiology and pathophysiology to formulate a field impression to implement a comprehensive treatment/disposition for an acutely injured patient.
- Complex depth, comprehensive breadth of pathophysiology, assessment and management of the trauma patient including trauma scoring and transport decisions.
- Complex depth, comprehensive breadth of pathophysiology, assessment, and management of bleeding.
- Complex depth, comprehensive breadth of pathophysiology, assessment, and management of chest trauma including;
  - o Traumatic aortic disruption
  - o Pulmonary contusion
  - o Blunt cardiac injury
  - o Hemothorax
  - o Pneumothorax

- Cardiac tamponade
- Rib fractures
- Flail chest
- Commotio cordis
- Tracheobronchial disruption
- Diaphragmatic rupture
- o Traumatic asphyxia
- Complex depth, comprehensive breadth of pathophysiology, assessment, and management of abdominal and genitourinary trauma including;
  - Vascular injury
  - o Solid and hollow organ injuries
  - o Blunt versus penetrating mechanisms
  - o Evisceration
  - o Retroperitoneal injuries
  - o Injuries to the external genitalia
- Fundamental depth, foundational breadth of pathophysiology, assessment, and management of orthopedic trauma to include;
  - o Pediatric fractures
  - o Tendon lacerations/transections/rupture
  - o Compartment syndrome
- Complex depth, foundational breadth of pathophysiology, assessment, and management of orthopedic trauma to include;
  - o Upper and lower extremity orthopedic trauma
  - o Open fractures
  - Closed fractures
  - Dislocations
- Complex depth, comprehensive breadth of pathophysiology, assessment, and management of environmental emergencies to include;
  - o Near-drowning
  - o Temperature-related illness
  - o Bites and envenomation
  - o Dysbarism
  - o Electrical injury
  - o High altitude illness
- Complex depth, comprehensive breadth of pathophysiology, assessment, and management of multi-system trauma to include;
  - o Multi-system trauma
  - o Blast injuries
- Use universal precautions and body substance isolation (BSI) procedures during medication administration.

- Demonstrate the assessment and management of a patient with signs and symptoms of external hemorrhage.
- Demonstrate how to apply a commercial tourniquet.
- Demonstrate the assessment and management of a patient with signs and symptoms of internal hemorrhage.
- Demonstrate the assessment and management of a patient experiencing hemorrhagic shock.
- Demonstrate the assessment and management of a patient with signs and symptoms of soft-tissue injuries.
- Demonstrate how to care for a burn.
- Demonstrate the emergency medical care of a patient with a thermal burn.
- Demonstrate the emergency medical care of a patient with a thermal inhalation burn
- Demonstrate the emergency medical care of a patient with a chemical burn of the skin.
- Demonstrate the emergency medical care of a patient with an inhalation burn from other toxic chemicals.
- Demonstrate the emergency medical care of a patient with a chemical burn of the eye.
- Demonstrate the emergency medical care of a patient with an electrical burn.
- Demonstrate the emergency medical care of a patient with a radiation burn.
- Demonstrate the care of a patient who has a penetrating eye injury.
- Demonstrate the stabilization of a foreign object that has impaled the eye.
- Demonstrate irrigation of a patient's eye using a nasal cannula, bottle, or basin.
- Demonstrate how to control bleeding from a neck injury.
- Demonstrate how to remove a helmet from a patient with a suspected head or spinal injury.
- Describe the steps to take in the assessment of a patient with suspected chest trauma.
- Demonstrate the management of a patient with a tension pneumothorax using needle decompression.
- Demonstrate proper emergency medical care of a patient who has experienced a blunt abdominal injury.
- Demonstrate how to apply a dressing to an abdominal evisceration wound.
- Demonstrate proper emergency care of a patient who has a penetrating abdominal injury with an impaled object.
- Demonstrate how to treat a patient with heat cramps.
- Demonstrate how to treat a patient with heat exhaustion.
- Demonstrate how to treat a patient with heatstroke.

<sup>&</sup>lt;sup>1</sup> Curriculum based on the National EMS Education Standards set by the United States Department of Transportation (DOT).

#### **Course Outline**

- A. Welcome to LIT EMS Advanced Program
  - 1. Introduction of EMS Staff, Instructors and students
  - 2. EMS program policies
- B. Trauma Systems and Mechanism of Injury
  - 1. Trauma, Energy, and Kinetics
  - 2. Blunt Trauma
  - 3. Penetrating Trauma
  - 4. Blast Injuries
  - 5. Multisystem Trauma
  - 6. Trauma Score
  - 7. Revised Trauma Score
  - 8. General Assessment of Trauma
  - 9. Scene Size-up
  - 10. Primary Assessment
  - 11. History Taking
  - 12. Secondary Assessment
  - 13. Reassessment
  - 14. Management of Trauma

## C. Bleeding

- 1. Anatomy and Physiology
- 2. Pathophysiology of hemorrhage
- 3. Shock
- 4. Patient Assessment
- 5. Scene Size Up
- 6. Primary Assessment
- 7. History Taking
- 8. Secondary Assessment
- 9. Reassessment
- 10. Emergency Medical Care of Bleeding

#### D. Soft-Tissue Trauma

- 1. Incidence, Mortality, and Morbidity
- 2. Structure and Function of the Skin
- 3. General Pathophysiology: Closed versus Open Wounds
- 4. Wound Healing
- 5. Patient Assessment
- 6. Scene Size Up
- 7. Primary Assessment
- 8. History Taking
- 9. Secondary Assessment
- 10. Reassessment
- 11. Emergency Medical Care
- 12. Pathophysiology, Assessment, and Management of Specific Injuries

# 13. Pathophysiology, Assessment, and Management of Soft-Tissue Injuries to Specific Anatomic Sites

#### E. Burns

- 1. Anatomy and Physiology of the Skin
- 2. Pathophysiology
- 3. Patient Assessment
- 4. Scene Size Up
- 5. Primary Assessment
- 6. History Taking
- 7. Secondary Assessment
- 8. Reassessment
- 9. Emergency Medical Care
- 10. Pathophysiology, Assessment, and Management of Specific Burns
- 11. Management of Burns in Pediatric Patients
- 12. Management of Burns in Geriatric Patients
- 13. Long-Term Consequences of Burns

#### F. Face and Neck Trauma

- 1. Anatomy and Physiology
- 2. Patient Assessment
- 3. Scene Size Up
- 4. Primary Assessment
- 5. History Taking
- 6. Secondary Assessment
- 7. Reassessment
- 8. Emergency Medical Care
- 9. Pathophysiology, Assessment, and Management of Face Injuries
- 10. Pathophysiology, Assessment, and Management of Eye Injuries
- 11. Pathophysiology, Assessment, and Management of Ear Injuries
- 12. Pathophysiology, Assessment, and Management of Oral and Dental Injuries
- 13. Pathophysiology, Assessment, and Management of Injuries to the Anterior part of the Neck
- 14. Pathophysiology, Assessment, and Management of Spine Trauma
- 15. Injury Prevention

#### G. Head and Spine Trauma

- 1. Anatomy and Physiology
- 2. Patient Assessment
- 3. Scene Size Up
- 4. Primary Assessment
- 5. History Taking
- 6. Secondary Assessment
- 7. Reassessment
- 8. Emergency Medical Care
- 9. Pathophysiology, Assessment, and Management of Head Injuries

- 10. Pathophysiology, Assessment, and Management of Scalp lacerations
- 11. Pathophysiology, Assessment, and Management of Spine Injuries
- 12. Non-traumatic Spinal Conditions

#### H. Chest Trauma

- 1. Anatomy
- 2. Physiology
- 3. Pathophysiology
- 4. Patient Assessment
- 5. Scene Size Up
- 6. Primary Assessment
- 7. History Taking
- 8. Secondary Assessment
- 9. Reassessment
- 10. Emergency Medical Care
- 11. Pathophysiology, Assessment, and Management of Chest Wall Injuries
- 12. Pathophysiology, Assessment, and Management of Lung Injuries
- 13. Pathophysiology, Assessment, and Management of Myocardial Injuries
- 14. Pathophysiology, Assessment, and Management of Vascular Injuries
- 15. Pathophysiology, Assessment, and Management of other Thoracic Injuries

# I. Abdominal and Genitourinary Trauma

- 1. Anatomy and Physiology
- 2. Mechanism of Injury
- 3. General Pathophysiology
- 4. Patient Assessment
- 5. Scene Size Up
- 6. Primary Assessment
- 7. History Taking
- 8. Secondary Assessment
- 9. Reassessment
- 10. Emergency Medical Care
- 11. Pathophysiology, Assessment, and Management of Specific Injuries
- 12. Pathophysiology, Assessment, and Management of Injuries to the Male Genitalia
- 13. Pathophysiology, Assessment, and Management of Injuries to the Female Genitalia

#### J. Orthopaedic Trauma

- 1. Anatomy and Physiology of the Musculoskeletal System
- 2. Patterns and Mechanisms of Musculoskeletal Injuries
- 3. Pathophysiology
- 4. Patient Assessment
- 5. Scene Size Up
- 6. Primary Assessment
- 7. History Taking
- 8. Secondary Assessment

- 9. Reassessment
- 10. Emergency Medical Care
- 11. Pathophysiology, Assessment, and Management of Pediatric Fractures
- 12. Pathophysiology, Assessment, and Management of Complications of Musculoskeletal Injuries
- 13. Pathophysiology, Assessment, and Management of Specific Fractures
- 14. Pathophysiology, Assessment, and Management of Ligament Injuries and Dislocations
- 15. Pathophysiology, Assessment, and Management of Non-Traumatic Musculoskeletal Disorders

# K. Environmental Emergencies

- 1. Anatomy and Physiology
- 2. Pathophysiology, Assessment, and Management of Heat Injuries
- 3. Pathophysiology, Assessment, and Management of Cold Injuries
- 4. Pathophysiology, Assessment, and Management of Drowning
- 5. Pathophysiology, Assessment, and Management of Diving Injuries
- 6. Pathophysiology, Assessment, and Management of Lightning Strike
- 7. Pathophysiology, Assessment, and Management of Envenomation: Bites and Stings

# **Grade Scale**

90 - 100	A
84 - 89	В
75 - 83	C
70 - 74	D
0 - 69	F

### **Course Evaluation**

Final grades will be calculated according to the following criteria:

Affective Evaluation	15%
Chapter Quiz	30%
Mid-Term Exam	25%
Final Exam	30%

### **Course Policies**

- 1. Computers, telephones, headphones, and any other electronic devices must be turned off while in class or used only with permission of the instructor.
- 2. Do not bring children to class.
- 3. Late assignments will be accepted on a case by case basis.
- 4. Tests. Students that miss a test are not allowed to make up the test. Students that miss a test will receive a grade of '0'.
- 5. Attendance Policy. Three absences are allowed. If a student is tardy to class or departs early two (2) times, it will be equal to one (1) absence. Each absence beyond three absences will result in a 5 point deduction from your final grade.
- 6. If you wish to drop a course, the student is responsible for initiating and completing the drop process. If you stop coming to class and fail to drop the course, you will earn an 'F' in the course.
- 7. Additional class policies as defined by the EMS Program Student Handbook.

# **Technical Requirements** (for courses using Blackboard)

The latest technical requirements, including hardware, compatible browsers, operating systems, software, Java, etc. can be found online at:

https://help.blackboard.com/en-

<u>us/Learn/9.1 2014 04/Student/015 Browser Support/015 Browser Support Policy A</u> functional broadband internet connection, such as DSL, cable, or WiFi is necessary to maximize the use of the online technology and resources.

### **Disabilities Statement**

The Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. LIT provides reasonable accommodations as defined in the Rehabilitation Act of 1973, Section 504 and the Americans with Disabilities Act of 1990, to students with a diagnosed disability. The Special Populations Office is located in the Eagles' Nest Room 129 and helps foster a supportive and inclusive educational environment by maintaining partnerships with faculty and staff, as well as promoting awareness among all members of the Lamar Institute of Technology community. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409)839-2018. You may also visit the online resource at Special Populations - Lamar Institute of Technology (lit.edu)

### **Student Code of Conduct Statement**

It is the responsibility of all registered Lamar Institute of Technology students to access, read, understand and abide by all published policies, regulations, and procedures listed in the *LIT Catalog and Student Handbook*. The *LIT Catalog and Student Handbook* may be accessed at <a href="www.lit.edu">www.lit.edu</a> or obtained in print upon request at the Student Services Office. Please note that the online version of the *LIT Catalog and Student Handbook* supersedes all other versions of the same document