College Success Skills (DORI 0200)

Credit: 2 semester credit hours (2 hours lecture)

Prerequisite/Co-requisite: None.

Course Description
Psychology of learning and success. Examines factors that underlie learning, success, and personal development in higher education. Topics covered include information processing, memory, strategic learning, self-regulation, goal setting, motivation, educational and career planning, and learning styles. Techniques of study such as time management, listening and note taking, text marking, library and research skills, preparing for examinations, and utilizing learning resources are covered. Includes courses in college orientation and development of students' academic skills that apply to all disciplines.

Required Textbook and Materials
1. *Understanding Your College Experience: Strategies for Success, 2nd Edition.* 2017 by John Gardner, Betsy Barefoot and Negar Farakish. Bedford/ St. Martin's
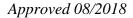   **Paperback:** ISBN-13: 978-1-319-02918-0 **or**
   Loose Leaf: ISBN-13:978-1-319-06445-7
2. An assignment calendar
3. A package of #882 Scantrons

Course Objectives
Upon completion of this course, the students will be able to:
1. Navigate the systems of college (including technology, career/major exploration, academic advising, registration, and campus resources).
2. Examine factors that underlie learning, success, and personal development in higher education.
3. Discover techniques of study such as time management, listening and note taking, test taking, library and research skills, reading, and memory.
4. Demonstrate the State of Texas core objectives of critical thinking, communication, teamwork, personal and social responsibility and qualitative reasoning.
5. Understand the concept of financial literacy for students, including the financial aid process.

Course Outline

The College Experience

A. The Essentials for College Success
1. The college experience
2. Setting goals for achieving your purpose
3. Academic planning
4. Making the transition by connecting to others
B. LIT
1. Policies
2. Academic calendar
3. Physical facilities
4. Financial aid
5. Academic Advising
   a. Who is my advisor?
   b. Meeting my advisor
      i. Student responsibilities
      ii. Advisor responsibilities
   c. Degree plans
   d. Course scheduling
C. Cultivating motivation, resilience, and emotional intelligence
1. The importance of motivation, attitude, and mindset
2. Resilience
3. Understanding emotional intelligence
4. How emotions influence success and well-being
D. Managing Time, Energy, and Money
5. Managing your time
6. Managing your energy
7. Managing your money
E. Discovering How You Learn
1. How people learn
2. The VARK Learning Styles Inventory
3. The Myers-Briggs Type Indicator
4. Multiple intelligences

5. When learning styles and teaching styles conflict
6. Learning with a learning disability
F. Getting the Most out of Class
1. Become engaged in learning
2. Staying engaged before class and between class meetings
3. Participate in class
4. Take effective notes
G. Reading to Learn from College Textbooks
1. A plan for active reading
2. Strategies for reading textbooks
3. Improving your reading
H. Studying, Understanding, and Remembering
1. Studying in college: Making choices and concentrating
2. How memory works
3. Improving your memory
4. Studying to understand and remember
I. Taking Tests Successfully
1. Getting ready
2. Taking the test
3. Types of tests
4. Types of questions
5. Overcoming test anxiety
6. Cheating and plagiarism
J. Collecting, evaluating, and using information
1. Information Literacy
2. Choosing, narrowing, and researching a topic
3. Using the library
4. Evaluating sources
5. The writing process
6. Using your research in presentations
K. Thinking in college
1. Developing strong thinking skills
2. Applying your critical-thinking skills
3. Bloom's taxonomy and the first year of college

L. Maintaining wellness and relationships in a diverse world
   1. Understanding wellness
   2. Managing your relationships
   3. Thriving in diverse environments
M. Making the Right Career Choice
   1. Careers and the new economy
2. Self-exploration in career planning
3. Planning for your career
4. Getting experience
5. Job search strategies
6. Skills employers seek
7. Staying on the path to success

Grade Scale

90 – 100	DA
80 – 89	DB
70 – 79	DC
0 – 69	DF

Course Evaluation

Final grades will be calculated according to the following criteria:

Attendance*	20%
Unit Tests and Major Projects	40%
Course Assignments and Quizzes	40%

*Attendance policy (listed below) is stringently enforced

Bonus Points

Students may earn bonus points on their **final grade** for the following activities:

1. Perfect attendance for all classes	3 points
2. Participate in Student Activity*	2 points

*Students must submit documentation signed by an LIT agent or activity sponsor. Other opportunities may be presented by your instructor.

Course Requirements

Assignments vary by instructor. Examples of assignments include:

1. Library Assignment (required).
2. Campus resource exploration.
3. Listening and note-taking assignment.
4. Calendar.
5. Interview with other students.
6. Visit your academic advisor.
7. Quizzes and written assignments from textbook.
8. Other assignments assigned by the instructor.
9. Career exploration activity.

Attendance Policy
The following attendance policy is the same for every College Success Skills Course. Individual instructors may include additional attendance requirements.
1. **DORI has a mandatory attendance policy.** Roll will be taken daily.
2. If you must be tardy, come into class quietly and without disruption. You may not sign in on Attendance Register until the end of class.
3. If you are *more than ten minutes late,* you will NOT be counted present that day. Further, you will earn a "0" as your grade.
4. A *"leave-early"* is counted the same as an absence.
5. Failure to attend class will adversely impact your grade in this course. Exceptions can be made for extenuating circumstances, at the discretion of the instructor.

Student Code of Conduct Statement

It is the responsibility of all registered Lamar Institute of Technology students to access, read, understand and abide by all published policies, regulations, and procedures listed in the LIT Catalog and Student Handbook. The LIT Catalog and Student Handbook may be accessed at www.lit.edu or obtained in print upon request at the Student Services Office. Please note that the online version of the LIT Catalog and Student Handbook supersedes all other versions of the same document.

Course Policies
1. Respect other students, faculty and staff of LIT.
2. No food, drinks, or use of tobacco products in class.
3. Cell phones, headphones, and all other electronic devices must be turned off while in class.
4. Belligerent, abusive, profane, threatening, and/or inappropriate behavior on the part of students is a violation of the LIT Student Conduct Regulations. Students who are found guilty of such misconduct may be subject to immediate dismissal from the institution.
5. Students may not drop DORI.
6. Additional class policies as defined by the individual instructor.

Disabilities Statement
The Americans with Disabilities Act of 1992 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. Among other things, these statutes require that all students with documented disabilities be guaranteed a learning environment that provides for reasonable accommodations for their disabilities. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409) 880-1737 or visit the office in the Cecil Beeson Building, Student Services.

Starfish
LIT utilizes an early alert system called Starfish. Throughout the semester, you may receive emails from Starfish regarding your course grades, attendance, or academic performance. Faculty members record student attendance, raise flags and kudos to express concern or

give praise, and you can make an appointment with faculty and staff all through the Starfish home page. You can also login to Blackboard or MyLIT and click on the Starfish link to view academic alerts and detailed information. It is the responsibility of the student to pay attention to these emails and information in Starfish and consider taking the recommended actions. Starfish is used to help you be a successful student at LIT.