College Success Skills (DORI 0200)

Credit: 2 semester credit hours (2 hours lecture)

Prerequisite/Co-requisite: None.

Course Description

Psychology of learning and success. Examines factors that underlie learning, success, and personal development in higher education. Topics covered include information processing, memory, strategic learning, self-regulation, goal setting, motivation, educational and career planning, and learning styles. Techniques of study such as time management, listening and note taking, text marking, library and research skills, preparing for examinations, and utilizing learning resources are covered. Includes courses in college orientation and developments of students' academic skills that apply to all disciplines.

Required Textbook and Materials

1. Your College Experience **Two-Year College Edition** 2015 by John Gardner, Betsy Barefoot and Negar Farakish. Bedford St. Martin's

ISBN Paperback: 145766576X or Loose Leaf: 1457690187

- 2. An assignment calendar
- 3. A package of #882 Scantrons

Course Objectives

Upon completion of this course, the students will be able to:

- 1. Recall the LIT policies that impact students.
- 2. Explain the academic advising process to include establishing a major, student and faculty advisor responsibilities, and degree plans.
- 3. Explain the registration process.
- 4. Identify key locations on the LIT campus.
- 5. Demonstrate skills to effectively utilize library resources.
- 6. Identify their learning style and explain how their style may impact their learning.
- 7. Identify one strategy of time management.
- 8. Explain the procedure of reading and reciting to improve learning.
- 9. Demonstrate one method of note taking.
- 10. Explain what to do before and after a test that will improve test performance.
- 11. Identify the techniques for creative thinking.

Approved 08/2016



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Course Syllabus

Course Outline

- A. Making the Transition to College and Planning Your Academic Journey
 - 1. Why this course is important.
 - 2. The college experience
 - 3. Setting goals for your college experience and beyond
 - 4. Making the transition
- B. LIT
 - 1. Policies
 - 2. Academic calendar
 - 3. Physical facilities
 - 4. Financial aid
 - 5. Academic Advising
 - a. Who is my advisor?
 - b. Meeting my advisor
 - i. Student responsibilities
 - ii. Advisor responsibilities
 - c. Degree plans
 - d. Course scheduling
 - e. Registration
- C. Managing Time, Energy, and Money
 - 1. Managing your time
 - 2. Managing your energy
 - 3. Managing your money
- D. Discovering How You Learn
 - 1. The VARK Learning Styles Inventory
 - 2. The Myers-Briggs Type Indicator
 - 3. Multiple intelligences
 - 4. When learning styles and teaching styles conflict
 - 5. Learning with a learning disability
- E. Getting the Most out of Class
 - 1. Become engaged in learning
 - 2. Engage before class
 - 3. Participate in class
 - 4. Take effective notes
- F. Reading to Learn from College Textbooks
 - 1. A plan for active reading

- 2. Strategies for reading textbooks
- 3. Improving your reading
- G. Studying, Understanding, and Remembering
 - 1. Studying in college: Making choices and concentrating
 - 2. How memory works
 - 3. Improving your memory
 - 4. Studying to understand and remember
- H. Taking Tests Successfully
 - 1. Getting ready
 - 2. Taking the test
 - 3. Types of tests
 - 4. Types of questions
 - 5. Overcoming test anxiety
 - 6. Cheating
- I. Information Literacy
 - 1. Information Literacy
 - 2. Choosing, narrowing, and researching a topic
 - 3. Using the library
 - 4. Evaluating sources
 - 5. Synthesizing information and ideas
- J. Writing and Speaking
 - 1. Using your research in writing
 - 2. The writing process
 - 3. Using your research in presentations
- K. Thinking Critically
 - 1. Defining critical thinking
 - 2. Becoming a critical thinker
 - 3. Faulty reasoning and logical fallacies
 - 4. Arguments and evidence
 - 5. Collaboration and critical thinking
 - 6. Critical thinking in college and life
 - 7. Bloom's taxonomy
- Managing Your Health, Emotions, and Relationships in a Diverse
 World
 - 1. Managing your health
 - 2. Managing your emotional health
 - 3. Managing your relationships

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- 4. Thriving in diverse environments
- M. Making the Right Career Choice
 - 1. Careers in the new economy
 - 2. Self-exploration in career planning
 - 3. Planning for your career
 - 4. Getting experience

- 5. Job-search strategies
- 6. Skills employers seek
- 7. Staying on the path to success

Grade Scale

DA
DB
DC
DF

Course Evaluation

Final grades will be calculated according to the following criteria:

Attendance*	20%
Unit Tests and Major Projects	40%
Course Assignments and Quizzes	40%

^{*}Attendance policy (listed below) is stringently enforced

Bonus Points

Students may earn bonus points on their **final grade** for the following activities:

1.	Perfect attendance for all classes	3 points
2.	Participate in Student Activity*	2 points

^{*}Students must submit documentation signed by an LIT agent or activity sponsor. Other opportunities may be presented by your instructor.

Course Requirements

Assignments vary by instructor. Examples of assignments include:

- 1. Library Assignment (required).
- 2. Campus resource exploration.
- 3. Listening and note-taking assignment.
- 4. Calendar.
- 5. Interview with other students.
- 6. Visit your academic advisor.
- 7. Quizzes and written assignments from textbook.
- 8. Other assignments assigned by the instructor.

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9. Career exploration activity.

Attendance Policy

The following attendance policy is the same for every College Success Skills Course. Individual instructors may include additional attendance requirements.

- 1. **DORI has a mandatory attendance policy.** Roll will be taken daily.
- 2. If you must be tardy, come into class quietly and without disruption. You may not sign in on Attendance Register until the end of class.
- 3. If you are *more than ten minutes late*, you will NOT be counted present that day. Further, you will earn a "0" as your grade.
- 4. A "leave-early" is counted the same as an absence.
- 5. Failure to attend class will adversely impact your grade in this course. Exceptions can be made for extenuating circumstances, at the discretion of the instructor.

Student Code of Conduct Statement

It is the responsibility of all registered Lamar Institute of Technology students to access, read, understand and abide by all published policies, regulations, and procedures listed in the LIT Catalog and Student Handbook. The LIT Catalog and Student Handbook may be accessed at www.lit.edu or obtained in print upon request at the Student Services Office. Please note that the online version of the LIT Catalog and Student Handbook supersedes all other versions of the same document.

Course Policies

- 1. Respect other students, faculty and staff of LIT.
- 2. No food, drinks, or use of tobacco products in class.
- 3. Beepers, telephones, headphones, and all other electronic devices must be turned off while in class.
- 4. Belligerent, abusive, profane, threatening, and/or inappropriate behavior on the part of students is a violation of the LIT Student Conduct Regulations. Students who are found guilty of such misconduct may be subject to immediate dismissal from the institution.
- 5. Additional class policies as defined by the individual instructor.

Disabilities Statement

The Americans with Disabilities Act of 1992 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. Among other things, these statutes require that all students with documented disabilities be guaranteed a learning environment that provides for reasonable accommodations for their disabilities. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409) 880-1737 or visit the office in the Cecil Beeson Building, Student Services.