

## **Nurse Aide for Health Care (NURA 1301)**



**Credit:** 3 semester credit hours (2 hours lecture, 2 hours lab)

**Co-requisite:** NURA 1160

### **Course Description**

Knowledge, skills, and abilities essential to provide basic care to residents of long-term care facilities. Topics include resident's rights, communication, safety, observation, reporting and assisting residents in maintaining basic comfort and safety. Emphasis on effective interaction with members of the health care team.

### **Required Textbook and Materials**

1. *Lippincott's Textbook for Nursing Assistants, A Humanistic Approach to Caregiving* by Pamela J. Carter, 3<sup>rd</sup> edition. Lippincott Williams & Wilkins Publishers.
  - a. ISBN#: 978-1-60547-635-3
2. Scantron #882
3. #2 pencils for exams

### **Course Objectives**

Upon completion of this course, the student will be able to:

1. Discuss basic care of residents in a long-term care facility
2. Communicate and interact effectively with residents and their families based on sensitivity to psychosocial needs
3. Discuss the rights of the residents
4. Discuss safety and preventive measures in the care of residents
5. Demonstrate skills in observing and reporting
6. Function effectively as a member of the health team

### **Course Outline**

#### **I. Unit I**

1. The Health Care System
2. The Nursing Assistant
3. Professionalism and Job Seeking Skills
4. Legal and Ethical Issues
5. Communication Skills
6. Those We Care For

#### **II. Unit II**

1. Communicable Disease and Infection Control
2. Bloodborne and Airborne Pathogens
3. Workplace Safety
4. Patient Safety and Restraint Alternatives
5. Positioning, Lifting, and Transferring Patients and Resident

III. Unit III

1. The Patient or Resident Environment
2. Admissions, Transfers, and Discharges
3. Bedmaking
4. Vital Signs, Height, and Weight
5. Comfort and Rest
6. Cleanliness and Hygiene
7. Grooming
8. Basic Nutrition
9. Assisting With Urinary and Bowel Elimination

IV. Unit IV

1. Caring for People Who Are Terminally Ill
2. Caring for People Who Are Dying

V. Unit V

1. Basic Body Structure and Function
2. The Integumentary System
3. The Musculoskeletal System
4. The Respiratory System
5. The Cardiovascular System
6. The Nervous System
7. The Sensory System
8. The Endocrine System
9. The Digestive System
10. The Urinary System

VI. Unit VI

1. Caring for People With Rehabilitation Needs
2. Caring for People With Mental Illness
3. Caring for People With Dementia
4. Caring for People With Cancer
5. Caring for People With HIV/AIDS

## Grade Scale

90-100	A
80-89	B
70-79	C
60-69	D*
0-59	F*

Upon successfully completing NURA 1301 (lecture/lab) and NURA 1160 (clinical) with a final grade of 70 or better average and no less than 60 lecture/lab hours and 40 clinical hours, the student will be eligible to take the state certification exam. NURA 1301 and NURA 1160 are co-requisites and must be taken together. A letter grade of D or F does not constitute a passing grade for the course. **A total of no less than 60 lecture/lab hours are required. If the student fails to meet this requirement, a grade of F will be given.** Therefore, if the student receives a failing final grade in either section, he/she is required to repeat both sections.

## Course Evaluation

Final grades will be calculated according to the following criteria:

- |                             |     |
|-----------------------------|-----|
| 1. 4-5 Unit Exams           | 25% |
| 2. Medical Terminology Exam | 25% |
| 3. Course Assignments       | 25% |
| 4. Comprehensive Final Exam | 25% |

*All exams will include content discussed in lecture and covered in the skills lab.  
Questions will also be taken from textbook reading assignments.*

## Course Requirements

1. Homework assignments, poster projects, quizzes, case studies, reading assignments.
2. Unit exams and Final exam.
3. Lab participation and successful mastery of required skills based on the Texas Nurse Aide Performance Record.
4. Compliance with classroom, lab and attendance policies.
5. Completion of a criminal background check free of offenses listed in the Texas Health Safety Code 250.006 that would exclude the student from being eligible to take the class or attend the clinical site.
6. A total of no less than 60 lecture/lab hours are required. If the student fails to meet this requirement, a grade of F will be given.

## Course Policies

1. No food, drinks, or use of tobacco products in class or lab.
2. No profanity in class or lab
3. Cell phones and all other electronic devices must be turned off while in class and lab.
4. Failure to turn in an assignment on date due will result in an automatic 10 point deduction. The assignment must be turned in at the BEGINNING of the next class meeting. If the assignment is not turned in at that time, it will not be accepted and the student will receive a zero for the assignment.
5. If absent, students are still responsible for content covered in lecture/lab. See calendar for assignments and chapters covered.
6. Do not bring children to class or lab.
7. If you wish to drop a course, the student is responsible for initiating and completing the drop process. If you stop coming to class and fail to drop the course, you will earn an 'F' in the course.
8. All students are to participate in classroom/lab activities and discussions.
9. Students must respect one another and faculty.

## Examination Policies

1. All exams will be on the dates specified unless the instructor makes a change
2. In case of an absence on exam day, the exam must be completed on the day the student returns to class or a grade of zero will be given. **ALL make up tests will have a TEN POINT PENALTY DEDUCTED for the first make up test, a 20 point penalty for the second make up test, a 30 point penalty for the third, 40 point penalty for the fourth, 50 point penalty for the fifth. The final MUST be taken at the scheduled time. There is NO make up for the final.**
3. During exams, all personal property of the student must be on the floor.
4. No cell phones or other electronic devices are permitted to be used during an exam.
5. All changed answers must be erased completely
6. Students must read and abide by the Academic Dishonesty Policy in the LIT Catalog and LIT Student Handbook.
7. Cheating will result in a zero for the exam and the student will be reported to the department chair .
8. Once a student has started an exam, he/she will not be permitted to leave the room and re-enter. At the time of leaving the room the test must be turned into the instructor to be graded as completed.

### **Attendance Policies**

Due to a variety of content and a minimum number of hours required by the Texas Department of Aging and Disability Services, attendance is very important in both the classroom and lab. Roll will be taken daily. The student must remain in lab until the class is dismissed. **Any time missed from arriving late or leaving early will be deducted from the student's hours of attendance for the semester.**

### **Disabilities Statement**

The Americans with Disabilities Act of 1992 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. Among other things, these statutes require that all students with documented disabilities be guaranteed a learning environment that provides for reasonable accommodations for their disabilities. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409) 880-1737 or visit the office in Student Services, Cecil Beeson Building.

### **Course Schedule**

<b>Week of</b>	<b>Topic</b>	<b>Reference</b>
Week 1	Orientation, The Health Care System, the Nursing Assistant, Professionalism and Job Seeking Skills	Ch. 1-3
Week 2	Legal and Ethical Issues, Communication Skills, Those We Care For	Ch. 4-6
Week 3	Unit 1 Exam, Communicable Disease and Infection Control, Bloodborne and Airborne Pathogens, Workplace Safety, Patient Safety and Restraint Alternatives, Basic First Aid and Emergency Care, Lab	Ch.7-10, 12
Week 4	Unit 2 Exam, Positioning, Lifting, Transferring Patients and Residents, The Patient or Resident Environment, Admissions, Transfers and Discharges, Bedmaking, Cleanliness and Hygiene, Grooming, Lab	Ch. 11, 13-15, 18-19
Week 5	Unit 3 Exam, Basic Nutrition, Assisting with Urinary and Bowel Elimination, The Integumentary System, Vital Signs, Height and Weight, Lab	Ch. 20-21, 25, 16

NURA 1301  
Course Syllabus

Week	Topic	Reference
Week 6	Vital Signs, Height, and Weight, Comfort and Rest, Caring for People Who Are Terminally Ill, Caring for People Who Are Dying, Caring for People With Rehabilitation Needs, Lab	Ch. 16-17, 22-23, 35
Week 7	Unit 4 Exam, Caring for People With Mental Illness, Caring for People With Dementia, Lab	Ch. 37-38
Week 8	Basic Body Structure and Function, The Musculoskeletal System, The Respiratory System, Lab	Ch. 24, 26-27
Week 9	The Cardiovascular System, Lab	Ch. 28
Week 10	The Nervous System, Lab	Ch. 29
Week 11	The Sensory System, The Endocrine System, Lab	Ch. 30-31
Week 12	*Medical Terminology and Abbreviation Exam*, Lab	
Week 13	Poster Projects, Guest Speakers, Lab	
Week 14	Guest Speakers, Healthcare Skits, Lab	
Week 15	Mock Certification Lab, Culture Day, Complete NACES applications, NNAAP Practice Written Exam, Lab	
Week 16	Week 16      *Final Exam*	

Lab skills check offs will be done after demo/practice in lab. Case studies, web searches, poster projects, homework and quiz dates TBA.

Course Schedule subject to change. Additional assignments may be given during the course and some quizzes may be unannounced or “pop quizzes”.

**Contact Information**

**Instructor:** Tonia Johnson, RN  
**Office:** MPC 204  
**Telephone:** (409) 839-2008  
**E-mail:** tljohnson@lit.edu  
**Office Hours:** By appointment